**This library can help you set up and use your NHS account through the NHS App or NHS website!**

**So that we can help you, you will need to bring the following information with you:**

* an email address that you can access (it needs to have more than 6 characters)
* your date of birth
* your full name
* your postcode
* your mobile phone or land-line number

If you are using a mobile phone number, please check with your GP surgery that your mobile phone number is registered with them

If you only have a land-line number, you will need to bring one type of photo ID with you as proof of your identity. This can be:

* passport
* UK photocard driving licence (full or provisional)
* Biometric Residence Permit
* UK Residence Card or a EEA Biometric Residence Card (including temporary passes)
* European driving licence (full only)
* European national identity card

Please note that your GP surgery decides what NHS services and health records you can access through your NHS account. The library has no control over this.

Once set up, your NHS account may take up to 3 hours to become ‘live’. The library has no control over this.

As part of the support we offer, we can signpost you to trusted health information such as books, leaflets, local services, digital content or apps. Please tell us if there is an area of your health or wellbeing that you would like information about.

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